## WHAT IS CLAIMED IS:

1. A method of increasing speed of a silver halide color photosensitive material by at least one type of a compound represented by the following general formula (M) or general formula (C):

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in the general formula (M),  $R_{101}$  represents a hydrogen atom or substituent; Z represents a group of non-metallic atoms required to form a 5-membered azole ring containing 2 to 4 nitrogen atoms, wherein the azole ring may have a substituent, including a fused ring; and X represents a hydrogen atom or substituent; and

in the general formula (C), Za represents -NH- or -CH(R $_3$ )-; Zb and Zc independently represent -C(R $_4$ )= or -N=; R $_1$ , R $_2$  and R $_3$  independently represent an electron attractive group having a Hammett constant  $\sigma$ p value of 0.2 to 1.0; R $_4$  represents a hydrogen atom or substituent wherein when there are two R $_4$ s in the formula, they may be the same or different; and X represents a hydrogen atom or substituent.

2. The method of increasing speed of a silver halide color photosensitive material according to claim 1, wherein, in the formula (M), the total number of carbon atoms of the substituents on the azole ring,

including  $R_{101}$ , X and Z, is from 13 to 60%.

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3. The method of increasing speed of a silver halide color photosensitive material according to claim 1, wherein the method comprises adding, to the silver halide color photosensitive material, the compound represented by the general formula (M):

wherein R<sub>101</sub> represents a hydrogen atom or substituent; Z represents a group of non-metallic atoms required to form a 5-membered azole ring containing 2 to 4 nitrogen atoms, wherein the azole ring may have a substituent, including a fused ring; and X represents a hydrogen atom or substituent.

4. The method of increasing speed of a silver halide color photosensitive material according to claim 3, wherein the general formula (M) is represented by general formula (M-1):

$$\begin{array}{cccc}
R_{11} & X \\
N & NH \\
N & R_{12} & (M-1)
\end{array}$$

wherein  $R_{11}$  and  $R_{12}$  independently represent a substituent; and X represents a hydrogen atom or substituent.

5. The method of increasing speed of a silver halide color photosensitive material according to

claim 3, wherein the general formula (M) is represented by general formula (M-3):

wherein  $R_{11}$  and  $R_{13}$  independently represent a substituent; and X represents a hydrogen atom or substituent.

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- 6. The method of increasing speed of a silver halide color photosensitive material according to claim 1, wherein the addition of the compound represented by the general formula (M) or (C) changes a film pAg ( $\Delta$ pAg<sub>F</sub>) of the silver halide color photosensitive material by 0 to 0.3.
- 7. The method of increasing speed of a silver halide color photosensitive material according to claim 1, wherein the compound represented by the general formula (M) or (C) has a pKa value of 6.0 to 8.4.
- 8. The method of increasing speed of a silver halide color photosensitive material according to claim 1, wherein the compound represented by the general formula (M) or (C) has a reactivity (CRV) with an oxidized color developing agent of 0.01 to 0.1.
- 9. The method of increasing speed of a silver halide color photosensitive material according to

claim 1, wherein the method comprises adding, to a red-sensitive silver halide emulsion layer of the silver halide color photosensitive material, the compound represented by the general formula (M) or (C), wherein  $R_{101}$ , Z, X,  $R_1$ ,  $R_2$ ,  $Z_a$ ,  $Z_b$  and  $Z_c$  have the same meanings as those in claim 1, respectively.

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- 10. The method of increasing speed of a silver halide color photosensitive material according to claim 1, wherein the method comprises adding, to a blue-sensitive silver halide emulsion layer of the silver halide color photosensitive material, the compound represented by the general formula (M) or (C), wherein  $R_{101}$ , Z, X,  $R_{1}$ ,  $R_{2}$ ,  $Z_{3}$ ,  $Z_{4}$  and  $Z_{5}$  have the same meanings as those in claim 1, respectively.
- 11. The method of increasing speed of a silver halide color photosensitive material according to claim 4, wherein, in the general formula (M-1), X represents an alkyl group, alkoxycarbonyl group, carbamoyl group or a group that leaves by a reaction with an oxidized developing agent.
  - 12. The method of increasing speed of a silver halide color photosensitive material according to claim 4, wherein the compound represented by the general formula (M-1) has a reactivity (CRV) with an oxidized color developing agent of 0.01 to 0.1.
  - 13. The method of increasing speed of a silver halide color photosensitive material according to

claim 5, wherein the compound represented by the general formula (M-3) has a reactivity (CRV) with an oxidized color developing agent of 0.01 to 0.1.

14. The method of increasing speed of a silver halide color photosensitive material according to claim 11, wherein the compound represented by the general formula (M-1) has a reactivity (CRV) with an oxidized color developing agent of 0.01 to 0.1.

- 15. The method of increasing speed of a silver halide color photosensitive material according to claim 3, wherein the addition of the compound represented by the general formula (M) changes a film  $^{-}$  pAg ( $\Delta$ pAg<sub>F</sub>) of the silver halide color photosensitive material by 0 to 0.3.
- 16. The method of increasing speed of a silver halide color photosensitive material according to claim 3, wherein the compound represented by the general formula (M) has a pKa value of 6.0 to 8.4.
- 17. The method of increasing speed of a silver halide color photosensitive material according to claim 3, wherein the compound represented by the general formula (M) has a reactivity (CRV) with an oxidized color developing agent of 0.01 to 0.1.
- 18. The method of increasing speed of a silver

  25 halide color photosensitive material according to

  claim 3, wherein the compound represented by the

  general formula (M) is added to a red-sensitive silver

halide emulsion layer of the silver halide color photosensitive material.

- 19. The method of increasing speed of a silver halide color photosensitive material according to claim 3, wherein the compound represented by the general formula (M) is added to a blue-sensitive silver halide emulsion layer of the silver halide color photosensitive material.
- 20. The method of increasing speed of a silver

  halide color photosensitive material according to claim

  1, wherein a layer of the photosensitive material
  containing tabular grains having an average aspect

  ratio of 8 or more, contains at least one compound
  represented by the general formula (M) or genera

  formula (C) described in claim 1.